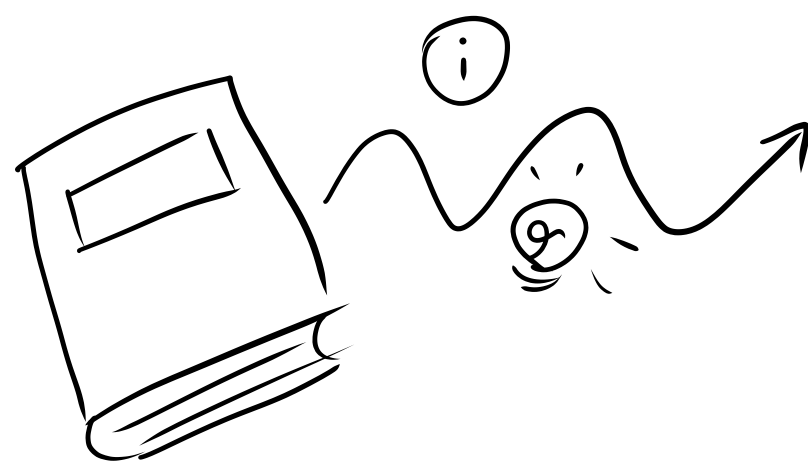




## Self-Management Resources



## Heart Disease Toolkit



## Facebook Support Group



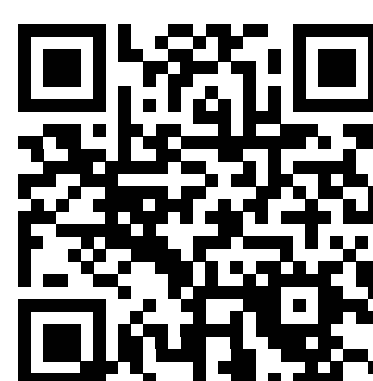
## HeartLife Academy



**HeartLife Foundation is Canada's first – and only – national patient-led heart failure organization.**

HeartLife Foundation is a patient-driven charity whose mission is to transform the quality of life for people living with heart disease by Engaging, Educating, and Empowering a global community to create lasting solutions and build healthier lives.

**You're not alone in this journey. Learn more.**



[www.heartlife.ca](http://www.heartlife.ca)

It's About Life, Not Failure™  
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