

HeartLife

Engage. Educate. Empower



At HeartLife Foundation, we are dedicated to transforming heart health across North America. As a leading patient-led charity, we offer a wide range of resources, innovative educational tools, and robust advocacy to support individuals facing various heart health issues and their caregivers. Our initiatives aim to enhance awareness, promote patient engagement, and drive policy changes that benefit the entire heart health community. Explore our efforts below, designed to engage, educate, and empower, every heart, every life.



Facebook Support Group

Join our Facebook Support Group to connect with a vibrant community of patients, caregivers, and heart health advocates. This interactive platform allows members to share experiences, receive emotional support, and access the latest information on heart health management directly from experts.



Patient Journey

The patient journey map captures and summarizes real stories, emotions, questions, and lifestyle challenges heart failure patients experience in their care continuum. By truly empathizing with and learning what heart failure patients experience today, we can highlight the current needs, pain points, and wishes on how to improve care. We're taking the first step to ensure the patient's voice is heard.



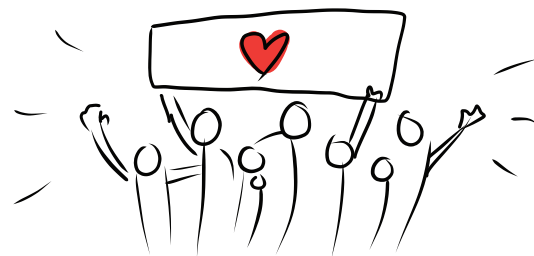
HeartLife.Academy

The HeartLife Academy is a learning platform with an innovative design – by patients & carers for patients & carers in collaboration with care providers and backed by science.



Charter of Rights

A Patient/Caregiver Charter outlines a set of rights and responsibilities to support the creation and implementation of a National Standard of Care for Canadians living with HF and their caregivers. This Charter is intended for: Patients; Caregivers, including family members and loved ones; Health care providers; Policymakers and public and private payers.



Self-Management Tools

Our Self-Management Tools are designed to empower individuals with heart health issues to take control of their well-being. These tools include personalized trackers for symptoms and medications, educational materials on lifestyle adjustments, and resources for effective communication with healthcare providers



National Heart Failure Policy Framework

Our comprehensive strategy for tackling heart failure revolves around three foundational pillars: Diagnosis & Screening, Management & Care, and Research & Evaluation. Each pillar is designed to address the critical aspects of heart failure management, from early detection and effective treatment to ongoing support and continuous improvement through research.

About Us

HeartLife has evolved from a heart failure organization into one of North America's leading patient-led cardiovascular charities—because all roads lead to heart failure. Our mission is to raise public awareness of cardiovascular diseases, empower patients, families, and caregivers through education and support, and advocate for better care for everyone.

For more information
and support please
visit us at heartlife.ca



www.heartlife.ca

It's About Life, Not Failure™
Charitable Registration No. 76199 7493 RR0001.



Resources for Patients and Caregivers

Providing high-quality care for cardiovascular and heart disease patients requires the right tools, knowledge, and support. Our Resources offers essential clinic resources for cardiac care, equipping healthcare professionals with evidence-based guidelines, patient education materials, and practical tools to enhance care delivery. Whether you're seeking clinical best practices, patient handouts, or treatment strategies, you'll find valuable resources to support informed decision-making and improve cardiovascular health outcomes. Explore our curated materials and empower your team to deliver comprehensive, patient-centered care.



ASCVD

Atherosclerotic Cardiovascular Disease (ASCVD) happens when fatty deposits, full of cholesterol, build up in your arteries. This buildup can lead to serious health problems like heart disease and stroke.



HCM / oHM

Hypertrophic Cardiomyopathy (HCM) is a condition where the heart muscle thickens, making it harder for the heart to pump blood.



Heart Failure

Heart failure (HF) is a condition where the heart does not pump blood effectively, making it harder for your body to get the oxygen and nutrients it needs.



Dyslipidemia

Dyslipidemia refers to abnormal levels of lipids in the bloodstream, which poses a significant risk factor for cardiovascular diseases. Dysregulation in these lipid levels, can lead to atherosclerosis and other CV complications.



Amyloidosis

Amyloidosis is a rare disease characterized by a buildup of abnormal amyloid deposits in the body. Amyloid deposits can build up in the heart, brain, kidneys, spleen and other parts of the body.



Diabetes

Diabetes and heart failure are closely linked. People living with diabetes are more likely to develop heart failure due to the strain high blood sugar levels place on the heart and blood vessels.



Lipoprotein(a)

Lipoprotein(a), or Lp(a), is a type of fat particle in your blood. It carries cholesterol and other fats through your bloodstream. inherited from your family.



Self-Advocacy

Self-advocacy is the ability to speak up for your needs, make informed decisions, and actively participate in your healthcare journey.



Valve Disease

Heart valve disease affects the valves that keep your blood flowing in one direction through your heart. Common types of heart valve disease include narrowing (stenosis), backward flow (regurgitation) or stretchy, floppy leaflets that don't close tightly (prolapse).



Vaccinations

If you live with heart disease, your immune system may be weaker, and infections can lead to serious complications. Vaccines help protect you from these preventable illnesses, reduce the risk of severe outcomes, and keep your heart healthier.



Heart Transplants

A heart transplant is a life-saving procedure for individuals with severe heart failure or other critical heart conditions.



Living with Cardiac Devices

Cardiac devices are lifesaving technologies designed to manage heart conditions and improve quality of life.

Mission

The HeartLife Foundation is a patient-driven charity whose mission is to transform the quality of life for people living with cardiovascular diseases by engaging, educating, and empowering a global community. We aim to create lasting solutions, drive innovation, and build healthier lives for patients, caregivers, and families worldwide.

For more information and support please visit us at heartlife.ca



HeartLife[™]
FOUNDATION



www.heartlife.ca

It's About Life, Not Failure[™]
Charitable Registration No. 76199 7493 RR0001.